



The voice of the

HWARANG



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For the warriors of Ulchi Focus Lens 2003

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UFL 2003 provides valuable experience

Story, photos by Pfc. Yoon, Jong-pil

Ulchi Focus Lens 2003 is now winding down. The exercise was a valuable learning experience for everyone.

The soldiers who are in their first exercise learned something new, and the soldiers who participated before were able to practice and develop their skills. This culmination of knowledge and skills became valuable assets for 8th Army.

"From UFL 2003, I learned different things about pay and travel, as well as getting the chance to refresh my

are useful and I am looking forward to my next one."

For the exercise and in times of war, the know-how of soldiers stationed in Korea is vital, but according to Lt. Col. Gary Starkweather, deputy inspector general, 8th U.S. Army, the role of units from the continental U.S. is also a key factor to success because of the high turnover rate in Korea.

It isn't just skills and experience that soldiers get out of the exercises. Some soldiers gain something else which stays with them for life.

"Being in the billeting office and a member of the Life Support Area, I don't

get to directly participate in the exercise," said Pfc. Lee, Dong-hee, administration staff, 8th Army Billeting Office. "But during UFL 2003, I did my share of helping the other soldiers do their work and perform to the maximum. I feel pride in the work I do and in the fact that I was able to be a part of that success."

UFL 2003 has been going on for the past two weeks and has provided much for the soldiers, sections and units. It is these kinds of exercises that will keep 8th Army and its components prepared and ready for whatever situation that may arise.

"The experiences that soldiers have gone through will prosper each sections and 8th Army as a whole."

Master Sgt. Danny Robinson

memory on what I was trained in school," said Spc. Charles Shaw, a finance pay specialist with the 8th Army Finance Office.

What soldiers gained during UFL will be more than just use for the individual.

"The experiences that soldiers have gone through will prosper each section and 8th Army as a whole," said Master Sgt. Danny Robinson, noncommissioned officer-in-charge, 8th Army G-6 Plans. "This is why exercises



(From left) Master Sgt. Douglas Redel, EAOC NCO, 8th Army Engineer, Sgt. 1st Class Jasper Harris, common operating picture operator, 8th Army G-3 Current Operations, and Col. Paul Hamm, 8th Army Engineer, practice their warfighting skills on the EOAC floor.



The Spirit of Hwarang

It's August and the 8th Army warriors have amassed once again to show their combat readiness in this year's Ulchi Focus Lens.

UFL is an annual summer exercise involving forces from both the Republic of Korea and the United States. It is designed to evaluate and improve combined and joint coordination, procedures, plans and systems necessary for the conduct of contingency operations of ROK and U.S. forces.

UFL demonstrates ROK/U.S. interoperability and Combined Forces Command capability, as well as the commitment to defend Korea.

Fifteen centuries ago, when this part of Korea was known as the Kingdom of Shilla, a group of Shilla warriors called the "Hwarang" demonstrated their battle skills and their nobility in this same area. The Hwarang was a youth organization led by a single "Kook sun," the spiritual leader. Under this leader, the Hwarangs led thousands of "Nangdo" to become a Hwarang. These young, aspiring warriors trained in martial arts and in academics, aspiring to become Hwarangs. A knightly code of conduct resulted from Hwarang-do training, and the Hwarang members visited beautiful places within the Kingdom, engaging in both military and spiritual exercises to cleanse and train their minds and bodies.

It is in the spirit of Hwarang, this newsletter is created to honor the service members and events of this year's Ulchi Focus Lens who demonstrate the spirit of Hwarang.

This newsletter will not be available online until after August.

If any or our readers know of any sections or individuals who possess this spirit of courage, intelligence and nobility, let us know by calling 764-3040 or e-mail us at bassettr@usfk.korea.army.mil.

Chaplain's Corner

Accounting for responsibility

By Chaplain (Col.) Mel Schroeder

Abraham Lincoln said it: "You can't escape the responsibility of tomorrow by evading it today." In other words, the responsibility will be there. How we respond to it is the learning point. I would suggest there are three ways we can avoid personal accountability:

1. Be in denial, by saying to ourselves, "This has nothing to do with me." Or simply act ignorantly.
2. Blame myself, by saying, "It's all my fault. I have to be responsible for everything, so it's all my fault." Using this approach, I end up beating up myself emotionally.
3. Blame others, by saying, "It's all your fault. "Here, I make sure nothing changes by blaming others.

On the flipside, these are three ways we can embrace accountability for ourselves:

1. Acknowledge the situation, by saying "Ok, I do have a part in this. I'm in the game. Now what is my part?"
2. Accept ownership, by saying "This belongs to me. This part is mine. I will own this."
3. Take action and learn, by changing what I can - the part that belongs to me - learning from my action, adjusting fire, and taking further action.

Perhaps the real question is, "How accountable do I want to be?" The words of Abraham Lincoln remind us the responsibility will always be there. It's up to us how we respond.

The staff of the Voice of Hwarang (UFL 2003)

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Cpl. Jang, Seung-mo.....	Staff Writer
Pfc. Yoon, Jong-pil.....	Staff Writer
Pvt. Daniel Love.....	Staff Writer

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E-mail: bassettr@usfk.korea.army.mil



Couple goes the distance in Korea

By Pvt. Daniel Love

Marriage in the military isn't always easy. It's sometimes difficult because military life can provide so many obstacles. Being apart from a loved one can do damage to even the best relationship.

Staff Sgt. Mark Lawry and his wife, Sgt. Sheryl Lawry, were split up in Korea. When they arrived at Osan June 15, 2002, they were told they had to go to opposite sides of the peninsula.

"When we landed, I was told I was going to Seoul, and she was going to Taegu," said Lawry, a software analyst for 8th Army. "I was ticked when I found out we'd be apart, but I decided to make the most of it."

They landed in the same time at the same place, but they were forced apart. The sergeants' only opportunity to visit each other was after the workweek was through.

"When he first got here he would talk about how they were supposed to be together," said Sgt. 1st Class James Scanlan, team chief for 8th Army G-4. "As time went on he talked more about the places he visited with her and what a good time they had."

"Separation is just another rock in the road."

Sgt. Sheryl Lawry

The separated sergeants had to cope with being apart and learned to make the most of their time together.

"Every other weekend I was in Taegu visiting her or she was in Seoul visiting me," said Lawry. "We did something different every weekend, going somewhere or doing something new. We only had 52 weekends, which isn't enough time out of the year."

The Lawrys also decided to make the most of their time apart.

"I had to be productive those five days apart every week," said Lawry. "Knocking out college courses was a big help."

Another thing that helped the two was hearing from each other on the weekdays.

"When it comes to dealing with the distance - not being stationed together - that is when you rely on the love and search for ways to be together," said Sgt. Sheryl Lawry, now

a staff writer for the 14th Public Affairs Detachment, Fort Carson, Colo. "Whether you drive or go by train to that persons location, or email each other daily or call, if that is what you have to do, then that is what you do."

Mark and Sheryl Lawry aren't together yet. Mark was held back for the last three months because he was involuntarily extended. He is scheduled to leave Korea Sept. 11.

"Every morning it's 20 days, 19 days 18 days," said Scanlan.

Tuesday, he left CP Oscar for Yongsan to begin outprocessing.

"When I get to Colorado, I'm going to sign out on leave and go to Montana," said Lawry. "I'm going to go to Montana and find my wife."

Sometimes, married couples in the military pull through, even in the face of adversity.

"Mark and I made a commitment to the Army and to each other," said Lawry. "We both understand completely both of those commitments on individual levels. I think it's because we have endured all the rocks in the road along the way. Separation is just another rock in the road."

Eating great, even late!



Photo by Cpl. Jang, Seung-mo

Sgt. Maceia Roscoe, night shift dining facility leader, 19th TSC, and Hong, Sok-kon, contracted Korean cook, cook for the midnight meal at "Mountain Inn", the 19th TSC dining facility.



311th TSC binds Eighth Army units together

Story, photos by Cpl. Jang, Seung-mo

No matter how many soldiers a nation has, they are of no use when they can't communicate with one another and fight the enemy as a team. Especially these days when units are dispersed all over the world, smooth communication between units is essential for the success of their mission.

In a place like the Korean peninsula where over 70 percent of its terrain is mountainous, the importance of communications systems is even higher. For this year's Ulchi Focus Lens, the 311th Theater Signal Command is here to control the theater communication networks of the 8th Army units.

During the exercise, the 311th Theater Communications Control Center at CP Oscar is in full swing. It oversees all 8th Army communications resources and ensures necessary effective control of the total Army communications system. It also enables 8th Army commanders to establish, maintain and coordinate the employment of communications assets within the command.

"We are the glue that binds and keeps all the units on the same track," said Lt. Col. Thomas Marino Jr.,

current operations OIC. "What we focus on is all the units from JSA to Busan to ensure they get the same situational awareness so that they work off the same plan."

In a wartime situation, this unit is responsible for all the signal units here in Korea.

"We are responsible for bringing other signal elements into the Korean peninsula during the time of war," said

Maj. Carnell Lofton, G-2 Intel/Security. "We also make sure that they have all the signal assets and support they need and that they know exactly what they are to do once they get here under the commander's control."

311th TSC's support to UFL 2003 is crucial, but it is also important to 311th TSC soldiers as well.

According to Lofton, the soldiers learn a lot about themselves during the exercise.

"Because soldiers work for long hours during this exercise, they get much information and have an opportunity to take a look at themselves to understand how they would perform under pressure in wartime."

Like other cells at CP Oscar, the 311th TSC TCCC cell members support one another and work well as a team.

"There is a wealth of knowledge and experience here at the 311th TSC TCCC cell," said Master Sgt. William Williams, 311th TSC's tactical systems network controller. "If there is something I don't know, there is always someone I can go to at this office. With these comrades, we make a great team, and if you've got a good team, you can make your mission work."

The 311th TSC's crews are the ears of 8th Army. With their superb contribution to the exercise, the UFL 2003 will be more successful than any other exercises before.



Cpt. Aaron Fuller (left), battle captain, and Master Sgt. William Williams, tactical systems network controller, check to ensure all communication systems in the theater work properly.



Lt. Col. Thomas Marino Jr. (left), current operations OIC, and Maj. Carnell Lofton, G-2 Intel/Security, discuss circuit plans.



What's up?

Redeployment

ENDEX is scheduled for 7 a.m. Friday. The clearing of CP Oscar will commence immediately after ENDEX. Baggage load is scheduled for 9 a.m. on Saturday and the buses are scheduled to depart at 1 p.m. NTV convoys are scheduled to depart 11:30 a.m., 12:30 p.m. and 1:30 p.m. Saturday. This is subject to change.

Clearing

When departing the Butler buildings place the footlocker on the bunk and conduct a thorough police call around your bunk before departing. All garbage should be disposed off in the outside containers.

Security

The classified truck will load from ENDEX to ENDEX +1 in the CP Oscar parking lot. Classified materail is to be picked up at Bldg. 2501 in Yongsan. All badges without pictures need to be turned into S-2 when outprocessing.

Weather for Daegu, South Korea

AUG 28


Hi	Low
86 F	60 F
30 C	16 C

AUG 29


Hi	Low
82 F	71 F
28 C	22 C

AUG 30


Hi	Low
75 F	66 F
24 C	19 C

Thought of the Day: Many persons have a wrong idea of what constitutes true happiness. It is not attained through self-gratification but through fidelity to a worthy purpose. - Helen Keller

Voice of UFL: What are you planning to do for Labor Day weekend?



Pvt. Moon, In-sung
Supply Specialist
8th U.S. Army Engineers

"I'm planning to play video games at home. And go downtown to have some beer with my close friends. I also want to see the movie, 'Bad Boys II.'"



Maj. Augustine Payton
Commandant
311th TSC

"My plan for labor day is to travel back to the States, go home, and sleep in my own bed. Also, I plan to visit my family during Labor Day because I don't get to visit them often."



Staff Sgt. Yolanda Finley
Administrative Supervisor
8th U.S. Army G-4

"Spend quality time with my spouse who is also stationed at Yongsan. And maybe visit Osan for some shopping."



Col. Theodore Rigo
Facilities & Const. Chief
8th Army CONUS Engineers

"I will visit the Korean War Memorial then go out for dinner and finally home to Brandon, Florida."



A soldier's good conduct shines during UFL

Story, photos by Cpl. Jang, Seung-mo

A story about a soldier's good deed has become a topic of conversation at Camp Walker.

The heroine of this story is Pfc. Ebonie Woods, administrative clerk, HHC, 8th Army. She returned a 100 dollar bill to the owner after she found it on the floor of her butler building Tuesday.

According to Sgt. Althea Simpson, administration NCO, 8th Army S-1, Woods told her on that night how she did not have any money and that she could not wait for payday.

"After we had a talk about money, we went inside our Butler building to get ready to turn in for the night. Then she turned on her flash light to see her bed and while doing this she found a 100 dollar bill on the floor," Simpson said.

As soon as Woods found the money, she tried to find the owner. She woke up the people around her bunk and finally found the owner.

"I walked in and Pfc. Woods asked me if it was my money," said Sgt. Rebecca Steinfield, Administrative NCO, 8th Army IG. "So I checked my bags and realized it was my money."

Steinfield did not know she lost money until Woods gave it to her.

"I really appreciate Pfc. Woods for her deed, and I am truly honored to have her around me. I will take her to a dinner

when we go back to Yongsan," said Steinfield.

To Woods, returning the money was a matter doing what was ethical.

"All I did was to give the money to the person it belongs to. As a soldier, we are supposed to do the right thing all the time. I just did what I had to do," said Woods.



Sgt. Rebecca Steinfield (left), Administrative NCO, 8th Army IG, and Pfc. Ebonie Woods, orderly room administration clerk, HHC 8th Army, share a lighter moment.

Re-deployment

By Cpl. Kang, Byung-sam

The exact end of Ulchi Focus Lens 2003 has yet to be determined, but once it is called, it will be time to get ready for redeployment.

Some may have looked forward to ENDEX even at STARTEX, but redeployment is another phase of the exercise, which needs to be completed to bring UFL 2003 to perfection.

Hooah!

Upon ENDEX, all sections should clear their work area while giving special consideration to classified material. Section security managers should verify compliance with S-2.

All soldiers, whether departing the Butler buildings, tents, or the Sports Facility, should conduct an inspection

so nothing is left behind, including trash. All garbage should be removed and placed in outside trash containers. All meal cards need to be turned in before departure.

Finally, don't forget to say goodbye to your coworkers who will leave you after the exercise, as you may not see them again.

As it stands, 8th U.S. Army CONUS personnel are scheduled to travel to Yongsan Friday, said Col. Joseph Phillips, 8th U.S. Army CONUS officer-in-charge. Buses depart at 3 p.m. at the LSA. Saturday they will travel to Osan Air Base. Their flight leaves at 9 a.m.

Upon departure to Osan, CONUS personnel will wear civilian clothes. Due to their busy schedule Saturday, they should finish everything before that day, including resting and shopping.

"The biggest thing to remember is to be safe," said Phillips. "Plus, be

where they are required to be to make the movement to go home."

The main body of 8th U.S. Army is scheduled to depart 1 p.m. Aug. 29, unless ENDEX changes. Baggage load starts at 9 a.m. and the formation is at 12:15 p.m. with soft cap and duty uniform.

Master Sgt. Felicia Pierre, operations sergeant, S3, Troop Command, placed all emphasis on safety. "All vehicle drivers are required to have eight hours of sleep."

But still, while the exercise progresses, the exact time of ENDEX has not yet been confirmed.

"When it's over, that's when it will be over," said Pierre. "We don't know."

For more information, contact USATC-K operations at 764-3058 or 3059. If CONUS personnel have questions about redeploying, contact the S1 office at 764-3324 or Col. Phillips at 764-3613.



High Hopes

By Sgt. Gerilynn Arnold HHC, 8th Army Detachment CONUS, Southfield, Mich.

Headquarters Detachment, 8th U.S. Army out of Southfield, Mich. departed from its home station at 4:30 a.m. Aug. 10. The members were on active orders to Korea for Ulchi Focus Lens 2003.

The excitement of HHC members on the bus to Detroit Metro Airport interestingly varied.

For some, UFL 2003 would be their first time to serve, not to mention their first time to Korea. All the preparation in the world couldn't take away the jitters

of a brand new experience towards their military goals. The more experienced enjoyed the ride with anticipation and high hopes for themselves and others. Overall the general consensus from all was a positive outlook for their UFL 2003 experience.

Upon arriving in Korea, they all situated and settled into their living arrangements and workstations with ease and comfort. Recognizing the importance of their assistance to the active duty troops proved to be an asset to them all.

In a continuing effort to maintain a relationship with their active duty counterparts, this UFL will ultimately be an exercise to make them even more

efficient at their home station and at Camp Walker in the future.

Faced with the many challenges of the exercise, they all kept their chin up and put 110 percent throughout the exercise. No matter what their civilian livelihoods, education or backgrounds, they firmly stood their ground as Army Reservists who are a part of the 8th Army team.

UFL 2003 is an exercise they will never forget. With all their unit and personal goals met to satisfaction, they are set to redeploy back to Michigan, knowing future UFL exercises will be even better. It was a time to learn and grow, serve and work side-by-side with their active duty counterparts.

Beauty of Camp Walker



Photo by Cpl. Jang, Seung-mo

The fountain at Camp Walker shines at night. This beautiful scene attracts soldiers who come in and out of CP Oscar. When the UFL 2003 participants become stressed out from time-to-time during the exercise, they take a step back and watch this beautiful fountain, and uplift their morale again.

NBC Exchange



Photo by Pvt. Kim, Taek-hyun

Pfc. Gloria Powell, NCOIC assistant, HHC 8th Army NBC Room rolls the protective mask of Spc. Kim Jae Hong, operation specialist, 8th Army G-5, during MOPP Gear Exchange Training.